

**13-14 GIRLS****13-14 GIRLS  
SHORT COURSE YARDS**

<b>Distance &amp; Stroke</b>	<b>B</b>	<b>BB</b>	<b>A</b>	<b>AA</b>	<b>AAA</b>	<b>AAAA</b>	<b>NRT</b>
50 Free	33.39	30.99	28.69	27.49	26.29	25.09	24.19
100 Free	1:12.59	1:07.39	1:02.19	59.59	57.09	54.49	52.29
200 Free	2:36.59	2:25.39	2:14.19	2:08.59	2:02.99	1:57.49	1:52.49
500 Free	6:51.79	6:22.39	5:52.99	5:28.29	5:23.49	5:08.79	4:58.09
1000 Free	14:08.89	13:08.29	12:07.59	11:37.29	11:06.99	10:36.69	10:14.99
1650 Free	23:34.19	21:53.19	20:12.19	19:21.69	18:31.19	17:40.69	17:07.69
100 Back	1:20.19	1:14.39	1:08.69	1:05.89	1:02.99	1:00.09	57.59
200 Back	2:51.79	2:39.59	2:27.29	2:21.19	2:14.99	2:08.89	2:04.89
100 Breast	1:30.99	1:24.49	1:17.99	1:14.79	1:11.49	1:08.29	1:05.79
200 Breast	3:15.99	3:01.99	2:47.99	2:40.99	2:33.99	2:26.99	2:21.39
100 Bfly	1:19.39	1:13.79	1:08.09	1:05.29	1:02.39	59.59	57.39
200 Bfly	2:53.39	2:40.99	2:28.59	2:22.39	2:16.29	2:10.09	2:06.59
200 I.M.	2:56.49	2:43.89	2:31.29	2:24.99	2:18.69	2:12.39	2:06.89
400 I.M.	6:12.89	5:46.19	5:19.59	5:06.29	4:52.99	4:39.69	4:27.99
200 F.R.	NT	NT	NT	NT	NT	NT	1:41.29
400 F.R.	NT	NT	NT	NT	NT	NT	3:38.39
800 F.R.	NT	NT	NT	NT	NT	NT	7:56.29
200 M.R.	NT	NT	NT	NT	NT	NT	1:52.89
400 M.R.	NT	NT	NT	NT	NT	NT	4:02.69

**LONG COURSE METERS**

<b>Distance &amp; Stroke</b>	<b>B</b>	<b>BB</b>	<b>A</b>	<b>AA</b>	<b>AAA</b>	<b>WESTERN ZONE Q</b>	<b>AAAA</b>
50 Free	38.19	35.49	32.79	31.39	30.09	28.89	28.69
100 Free	1:22.89	1:16.99	1:11.09	1:08.09	1:05.09	1:02.69	1:02.19
200 Free	2:57.99	2:45.29	2:32.59	2:26.19	2:19.89	2:15.49	2:13.49
400 Free	6:09.39	5:42.99	5:16.59	5:03.49	4:50.29	4:44.59	4:37.09
800 Free	12:35.99	11:41.99	10:47.99	10:20.99	9:53.99	9:55.39	9:26.99
1500 Free	24:06.39	22:23.09	20:39.79	19:48.09	18:56.49	19:04.99	18:04.79
100 Back	1:33.49	1:26.79	1:20.09	1:16.79	1:13.49	1:11.99	1:10.09
200 Back	3:19.99	3:05.69	2:51.39	2:44.29	2:37.19	2:33.79	2:29.99
100 Breast	1:43.99	1:36.59	1:29.09	1:25.39	1:21.69	1:20.89	1:17.99
200 Breast	3:43.99	3:27.99	3:11.99	3:03.99	2:55.99	2:54.29	2:47.99
100 Bfly	1:30.19	1:23.69	1:17.29	1:14.09	1:10.79	1:09.89	1:07.59
200 Bfly	3:17.79	3:03.69	2:49.59	2:42.49	2:35.39	2:36.39	2:28.39
200 I.M.	3:21.09	3:06.79	2:52.39	2:45.19	2:37.99	2:34.59	2:30.89
400 I.M.	7:02.69	6:32.49	6:02.29	5:47.19	5:32.09	5:28.49	5:16.99