

11-12 BOYS
11-12 BOYS SHORT COURSE YARDS

Distance & Stroke	B	BB	A	AA	AAA	AAAA	NRT
50 Free	33.39	30.99	28.59	27.39	26.19	25.09	24.29
100 Free	1:13.29	1:08.09	1:02.89	1:00.19	57.59	54.99	52.79
200 Free	2:39.39	2:27.99	2:16.59	2:10.89	2:05.19	1:59.49	1:55.69
500 Free	7:05.49	6:35.09	6:04.69	5:49.49	5:34.29	5:19.09	5:07.69
1000 Free	14:57.09	13:52.99	12:48.89	12:16.89	11:44.89	11:12.79	10:49.79
1650 Free	25:11.89	23:23.89	21:35.89	20:41.89	19:47.89	18:53.89	18:08.59
50 Back	39.79	36.79	33.69	32.19	30.69	29.19	27.99
100 Back	1:25.79	1:19.09	1:12.29	1:08.89	1:05.59	1:02.19	59.69
200 Back	2:59.39	2:46.59	2:33.79	2:27.39	2:20.99	2:14.59	2:10.69
50 Breast	44.59	41.09	37.59	35.79	34.09	32.29	31.19
100 Breast	1:35.69	1:28.39	1:21.09	1:17.39	1:13.79	1:10.09	1:07.29
200 Breast	3:21.79	3:07.39	2:52.99	2:45.79	2:38.59	2:31.39	2:27.89
50 Bfly	38.59	35.49	32.39	30.89	29.39	27.79	26.49
100 Bfly	1:26.39	1:19.29	1:12.19	1:08.59	1:05.09	1:01.49	59.09
200 Bfly	3:04.69	2:51.49	2:38.29	2:31.69	2:25.09	2:18.49	2:12.89
100 I.M.	1:24.39	1:18.29	1:12.19	1:09.09	1:05.99	1:02.99	1:00.59
200 I.M.	3:03.49	2:49.69	2:35.89	2:28.99	2:22.09	2:15.19	2:10.49
400 I.M.	6:27.29	5:59.59	5:31.99	5:18.09	5:04.29	4:50.49	4:43.39
200 F.R.	NT	NT	NT	NT	NT	NT	1:44.79
400 F.R.	NT	NT	NT	NT	NT	NT	3:50.69
200 M.R.	NT	NT	NT	NT	NT	NT	1:57.39
400 M.R.	NT	NT	NT	NT	NT	NT	4:18.89

LONG COURSE METERS

Distance & Stroke	B	BB	A	AA	AAA	WESTERN ZONE Q	AAAA
50 Free	38.39	35.69	32.99	31.59	30.19	29.59	28.79
100 Free	1:23.49	1:17.49	1:11.59	1:08.59	1:05.59	1:04.29	1:02.59
200 Free	3:01.69	2:48.69	2:35.69	2:29.19	2:22.69	2:20.19	2:16.29
400 Free	6:24.09	5:56.59	5:29.19	5:15.49	5:01.79	4:58.19	4:48.09
800 Free	13:35.89	12:37.59	11:39.29	11:10.19	10:41.09	NT	10:11.89
1500 Free	26:12.49	24:20.19	22:27.89	21:31.69	20:35.59	NT	19:39.39
50 Back	45.79	42.29	38.79	36.99	35.29	35.09	33.49
100 Back	1:39.29	1:31.39	1:23.59	1:19.69	1:15.79	1:15.69	1:11.89
200 Back	3:30.29	3:15.29	3:00.29	2:52.79	2:45.29	NT	2:37.79
50 Breast	51.09	47.09	43.09	41.09	38.99	38.39	36.99
100 Breast	1:50.49	1:41.99	1:33.59	1:29.39	1:25.19	1:25.09	1:20.99
200 Breast	3:54.69	3:37.99	3:21.19	3:12.79	3:04.49	NT	2:56.09
50 Bfly	43.49	39.99	36.59	34.79	33.09	32.49	31.39
100 Bfly	1:38.19	1:30.19	1:22.09	1:18.09	1:13.99	1:13.39	1:09.99
200 Bfly	2:30.99	3:15.89	3:00.89	2:53.29	2:45.79	NT	2:38.29
200 I.M.	3:29.59	3:13.89	2:58.09	2:50.19	2:42.39	2:39.69	2:34.49
400 I.M.	7:28.29	6:56.29	6:14.29	6:08.29	5:52.29	NT	5:36.29