

17-18 GIRLS**17-18 GIRLS
SHORT COURSE YARDS**

Distance & Stroke	B	BB	A	AA	AAA	AAAA	NRT
50 Free	32.89	30.49	28.19	26.99	25.79	24.59	23.69
100 Free	1:10.89	1:05.79	1:00.79	58.19	55.69	53.19	51.09
200 Free	2:32.29	2:21.49	2:10.59	2:05.09	1:59.69	1:54.29	1:49.59
500 Free	6:43.89	6:14.99	5:46.19	5:31.79	5:17.29	5:02.89	4:51.19
1000 Free	13:52.59	12:53.09	11:53.59	11:23.89	10:54.19	10:24.39	10:02.99
1650 Free	23:06.19	21:27.19	19:48.19	18:58.69	18:09.19	17:19.69	16:43.99
100 Back	1:18.19	1:12.59	1:06.99	1:04.19	1:01.39	58.59	56.29
200 Back	2:47.89	2:35.89	2:23.89	2:17.89	2:11.89	2:05.89	2:00.99
100 Breast	1:29.09	1:22.69	1:16.39	1:13.19	1:09.99	1:06.79	1:03.99
200 Breast	3:12.29	2:58.59	2:44.79	2:37.99	2:31.09	2:24.19	2:18.19
100 Bfly	1:16.99	1:11.49	1:05.99	1:03.29	1:00.49	57.79	55.69
200 Bfly	2:48.19	2:36.19	2:24.19	2:28.99	2:12.19	2:06.19	2:02.19
200 I.M.	2:51.49	2:39.19	2:26.99	2:20.89	2:14.69	2:08.59	2:03.49
400 I.M.	6:04.39	5:38.29	5:12.29	4:59.29	4:46.29	4:33.29	4:21.89
200 F.R.	NT	NT	NT	NT	NT	NT	1:37.79
400 F.R.	NT	NT	NT	NT	NT	NT	3:30.29
800 F.R.	NT	NT	NT	NT	NT	NT	7:37.89
200 M.R.	NT	NT	NT	NT	NT	NT	1:49.29
400 M.R.	NT	NT	NT	NT	NT	NT	3:53.69

LONG COURSE METERS

Distance & Stroke	B	BB	A	AA	AAA	WESTERN ZONE Q	AAAA
50 Free	37.49	34.89	32.19	30.79	29.49	29.89	28.19
100 Free	1:20.69	1:14.99	1:09.19	1:06.29	1:03.39	1:05.09	1:00.59
200 Free	2:52.79	2:40.49	2:28.09	2:21.99	2:15.79	2:20.99	2:09.59
400 Free	6:00.99	5:35.19	5:09.39	4:56.49	4:43.59	4:59.69	4:30.69
800 Free	12:19.59	11:26.79	10:33.99	10:07.59	9:41.09	10:36.69	9:14.69
1500 Free	23:39.89	21:58.49	20:17.09	19:26.39	18:35.59	20:15.09	17:44.89
100 Back	1:30.79	1:24.29	1:17.79	1:14.59	1:11.29	1:16.56	1:08.09
200 Back	3:13.99	3:00.09	2:46.29	2:39.39	2:32.39	2:45.49	2:25.49
100 Breast	1:42.19	1:34.89	1:27.59	1:23.89	1:20.29	1:27.19	1:16.59
200 Breast	3:39.99	3:24.29	3:08.59	3:00.79	2:52.89	3:08.89	2:44.99
100 Bfly	1:27.79	1:21.49	1:15.19	1:12.09	1:08.99	1:13.59	1:05.79
200 Bfly	3:09.49	2:55.89	2:42.39	2:35.59	2:28.89	2:52.99	2:22.09
200 I.M.	3:16.29	3:02.29	2:48.29	2:41.19	2:34.19	2:41.39	2:27.19
400 I.M.	6:54.39	6:24.79	5:55.19	5:40.39	5:25.59	5:56.49	5:10.79