

# SIERRA NEVADA SWIMMING TIME STANDARDS

## 8-UNDER SHORT COURSE YARDS

Distance & Stroke	8-UNDER GIRLS			8-UNDER BOYS		
	B	A	AAA	B	A	AAA
25 Free	36.00	18.09	15.89	36.00	17.09	15.39
50 Free	1:20.00	40.09	34.99	1:20.00	38.09	33.99
100 Free	2:20.00	1:28.59	1:18.79	2:20.00	1:23.09	1:16.49
25 Back	40.00	21.59	19.19	40.00	21.09	18.69
50 Back	1:30.00	48.09	41.29	1:30.00	47.09	41.09
25 Breast	45.00	23.09	20.99	45.00	22.59	20.99
50 Breast	1:40.00	51.59	46.99	1:40.00	51.09	45.69
25 Bfly	45.00	20.09	17.39	45.00	19.09	17.39
50 Bfly	1:40.00	49.09	41.99	1:40.00	48.59	41.19
100 I.M.	3:00.00	1:42.09	1:26.59	3:00.00	1:38.09	1:26.99

## 8-UNDER LONG COURSE METERS

Distance & Stroke	8-UNDER GIRLS			8-UNDER BOYS		
	B	A	AAA	B	A	AAA
50 Free	1:29.00	45.19	39.59	1:29.00	42.99	39.99
100 Free	2:36.00	1:39.49	1:28.89	2:36.00	1:33.49	1:27.89
50 Back	1:40.00	53.99	48.69	1:40.00	52.89	47.69
50 Breast	1:51.00	57.79	53.59	1:51.00	57.29	53.79
50 Bfly	1:51.00	55.09	47.69	1:51.00	54.49	47.69